

New Beginnings

Spring is in the air and all of the signs are showing, the birds are singing, the days are lighter longer, people have come out of hibernation and children are playing outside.

The world has been living in a state of fear for nearly a year now. Our world is constantly changing and new ideas and concepts are introduced. God has always taken care of us and will continue to do so. We have to have faith and trust him to help us and our Nation through this transition. How is it when things are well we believe that they are at the hands of God and when things are challenging we start to crumble and ask "Where Is God? He is standing right beside you just as he always has and if God allows challenges to come our way he is trying to help us see a new direction. He wants us to see that his hand is in all of life's situations not just the good ones. He brings them all for the good of all.

He has always brought us exactly where we need to be and given us exactly what we need even if we do not clearly understand the complete mission. He hands us one piece of the puzzle at a time, but he can see the whole picture. Remember, where you are right now at this moment will place you were you will be 5 seconds from now, 5 days from now, 5 months from now and 5 years from now. You may only be seeing a glimpse, but he knows the big plan and how each one of us holds a piece to the ultimately plan. Have you ever said "I cannot believe that I was here at this moment?" Maybe you ran into someone you needed to see or someone was there just at the moment you needed them the most. God knows ALL he orchestrates ALL.

We all need to become part of the SOULution and not be part of the problem. We need to trust God, listen to his voice, pray and meditate daily for ourselves and our Nations and keep our thoughts positive. We need to stand together and become one, no more separation.

Spring is a time for Renewal! Release the energy so you will be creative in your thinking and stay focused so you can move in a positive direction. Start by removing clutter from your space at home and work. Eliminate and remove items that are no longer needed, recycle, donate or discard. Often times we cling to things because they are familiar even though they no longer serve a purpose. Open your doors and windows and get outside and enjoy the fresh crisp air so your mood will become brighter and your load will become lighter.

Daily Affirmation

I eliminate all clutter from my life, surrounding myself with positive energy and releasing all fear!