

"Thoughts and Beliefs"

How do these two blend together? Why are they important?

Thoughts create your world and your future. Beliefs hold your integrity and what you believe to be true.

You are what you think! You are what you believe!

So, how do you think? What do you believe to be true about yourself? How do you see yourself? Where do you see yourself five days from now, five weeks from now, five months from now and five years from now?

It is important to realize that what you think matters. You can create your world and life to mirror what you believe. This is based on your freedom to choose your own destiny and to believe you can reach your destiny. This requires you to keep your thoughts positive and believe in yourself regardless of your outside circumstances. You must plant the seeds, which are your thoughts and beliefs. Then you must continue to believe and watch your thoughts, keeping them positive. This is the continuous watering of the seeds until you see your harvest.

Remember, even when your circumstances do not mirror your inside belief, you must continue to keep your thoughts in line with what you know deep within to be true and it will transform at the perfect time, not your time, but perfect time "GOD" time. When all is lined up perfectly to fit into God's blueprint of life, you will see the results.

Daily Affirmation

"I know that I'm part of God's perfect plan. I will remain positive, follow my beliefs and trust the process of transformation!"